

The federal government funds a large share of essential health and social services for families and residents in California. Yet, a 2025 tax and budget law entitled **H.R. 1** (also known as the “One Big Beautiful Bill Act”) makes harmful cuts to health and nutrition assistance programs, along with burdensome work requirements and increased administrative costs to the state and localities. This data sheet provides a profile of the Orange County residents that will be impacted by some of these cuts. The charts below show how many residents in the district are at risk of losing these vital services.

There are **664,491 residents in Orange County Board of Supervisor District 5**. This district includes the following Orange County cities: **Aliso Viejo, Costa Mesa, Coto de Caza, Dana Point, Irvine, Ladera Ranch, Laguna Beach, Laguna Hills, Laguna Niguel, Laguna Woods, Las Flores, Newport Beach, Rancho Mission Viejo, San Clemente, and San Juan Capistrano.**

MEDI-CAL CUTS

ORANGE COUNTY SSA MEDI-CAL ENROLLMENT BY RACIAL GROUP, (DISTRICT 5)



Racial Group	Residents Enrolled in Medi-Cal coverage		Adults (19-64) at risk of losing health coverage by Medi-Cal work requirements	
	# of Enrollees in District	% of total enrollees in district	Adults at risk of losing coverage in district	% of adult enrollees at risk in district by race
Total Enrollees	104,042	–	63,010	60.56%
African American/Black enrollees	1,455	1.40%	1,016	69.83%
Asian American enrollees	8,070	7.76%	4,604	57.05%
Hispanic/Latino enrollees	39,253	37.73%	22,347	56.93%
Native American/American Indian enrollees	281	0.27%	209	74.38%
Native Hawaiian, Pacific Islander enrollees	279	0.27%	159	56.99%
White enrollees	29,758	28.60%	19,505	65.55%

“Medi-Cal” is California's **Medicaid program**. It is a public health insurance program that provides no-cost or low-cost health coverage for people with low-incomes or limited resources.



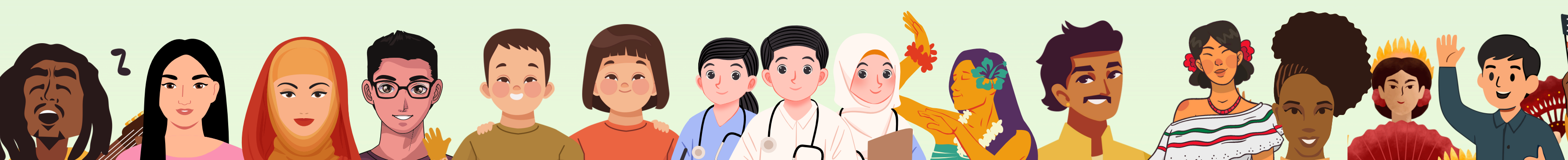
~1 Million
OC residents are enrolled in Medi-Cal through CalOptima Health or Kaiser Permanente

In OC BOS District 5, **60.56% adult Medi-Cal enrollees are at risk of losing their health coverage**. That’s because H.R. 1 imposes new work requirements on adults ages 19-64 applying for or enrolled in Medi-Cal (with some exemptions). All states including California will have to verify twice a year that adult Medi-Cal enrollees work or participate in “qualifying activities” for at least 80 hours per month to maintain coverage. Adults who do not meet this requirement will be **denied** or **disenrolled from Medi-Cal** coverage and become **uninsured**.

WHO ARE WE? OC API TASKFORCE

The **Orange County Asian and Pacific Islander Task Force** (<https://www.ocapitaskforce.org/>) is a network of Asian American, Native Hawaiian and Pacific Islander nonprofit organizations and community members. We aim to elevate community voices, engage multi-sector stakeholders, and create sustainable and transformational change in Orange County, California.

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CUTS TO CALFRESH

H.R. 1 cuts the amount of food benefits residents and families with low incomes will receive. More CalFresh recipients will also have to meet the law’s stricter work requirements. These changes put **parents, caregivers, older adults, veterans and other vulnerable individuals at high risk of losing their benefits** and will likely impact children living in CalFresh households who qualify for free or reduced cost school meals. The new law also shifts the financial burden of higher food benefits and administrative costs to states and local governments, taking away resources to prevent hunger in OC.

8,559

Children at risk of losing nutrition assistance in OC BOS District 5



ORANGE COUNTY SSA CALFRESH ENROLLMENT BY RACIAL GROUP, (DISTRICT 5)

Racial Group	Residents benefiting from nutrition support through CalFresh		Children at risk of losing some nutrition support or free/reduced school meals
	# of Enrollees in District	% of total enrollees in district	Number of children (aged 0-17)
Total Enrollees	36,105	–	8,559
African American/Black enrollees	931	2.58%	215
Asian American enrollees	3,411	9.45%	293
Hispanic/Latino enrollees	9,814	27.18%	4,406
Native American/American Indian enrollees	143	0.40%	<25*
Native Hawaiian, Pacific Islander enrollees	120	0.33%	35
White enrollees	11,393	31.56%	1,976

* Enrollment data under 25 individuals are designated as “<25” for privacy purposes.

“CalFresh,” known federally as the Supplemental Nutrition Assistance Program (SNAP), provides monthly food benefits to individuals and families with low-incomes and economic benefits to communities.

CalFresh is the largest food assistance program in the state and provides an essential hunger safety net to over...



318,000
OC Residents



195,000
OC Households

Methodology:

Orange County Medi-Cal and CalFresh enrollment as of March 2025 were provided by the Orange County Social Services Agency, Research Unit on May 30, 2025. These individual-level data were provided with racial, ethnic, and age identifiers, but redacted of all personally identifiable information. County-derived Medi-Cal data differ from state-derived data and exclude Qualified Medicare Beneficiary (QMB) members, SSI recipients, Presumptive Eligibility Medi-Cal members, and those participating in some specialized Medi-Cal programs. County-derived CalFresh data may differ from state-derived data based on export date and county use of application rather than processing dates.

Because individual-level Medi-Cal and CalFresh enrollee data were provided with census tract and Orange County Board of Supervisor district identifiers, but without a street address or other geographic identifiers, California State Assembly and California State Senate-level estimates were produced by aggregating individual data to the census tract-level, using 2020 Census P.L. 94-171 population data to allocate census tract-level data to census blocks, then aggregating the resulting census block data to the legislative district-level.